



BULLETIN

JKA EUROPEAN KARATE CHAMPIONSHIP

2025

12 March 2025, Rev. 2





27th JKA European Championships 2025

Prague, Czechia

10 May 2025

Visit us at www.jkaeuropechampionship.eu for all information about the event.



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Foreword by the President of JKA Europe

I am honoured, on behalf of JKA Europe to write this foreword for the 2025 JKA European Championships.

I would like to personally thank the JKA Czech Republic, its President and organising team for accepting the role of hosting the European Championships. Their enthusiasm and professionalism will, I am sure, be reflected in the delivery and success of this event.

The Japan Karate Association is 'The Keeper of the Highest Traditions of Karate' and this is never better demonstrated than that of our competitions. Kata will be demonstrated to near perfect standard, being both graceful and explosive. Kumite will show speed and power but most importantly millimeter precision and control.

Whilst every competition needs eager competitors, I would like to finish by acknowledging and giving thanks to the referees, timekeepers, marshals, coaches, supporters, family and friends who have given up their time to be here and will help to make this a very memorable day.

Gambatte and hodně štěstí všem.

Oss

Tony Cronk

President, JKA Europe

Foreword by the President of JKA Czech Republic

Dear JKA members, dear karatekas and karate fans from all over Europe,

I am very pleased that the 27th JKA European Championship will take place here in the Czech Republic. After ten years, this most important European JKA karate tournament is returning to Prague, and for the first time I have the opportunity to be involved not only as the president of JKA Czech Republic, but also as one of the event organizers.

I hope we can uphold the high standards of organization that have impressed me at the last three championships. As a former national representative and participant in all previous championships (as a competitor, coach, or referee), I am happy to see how the organization continues to advance. I wish all the competitors the best of luck and hope they will perform at their highest level. At the same time, I hope the championships will be free from injuries, and I wish the referees a clear mind in their decision-making. And as always, “May the best person win.”

I encourage all participants to explore Prague and all the beautiful Czech cities in their busy schedules, perhaps for an extended weekend. You will find friendliness and beauty everywhere – and you will have memories to bring with you back home.

I am looking forward to meeting all of you, and I truly hope you will enjoy your time in the Czech Republic.

Richard Růžička

President, JKA Czech Republic

Venue

Prague, Czechia

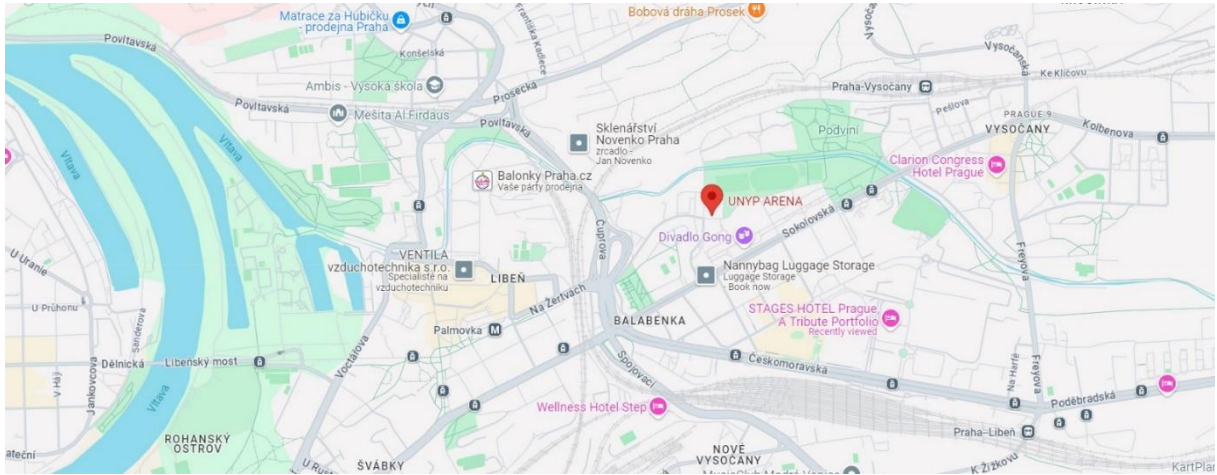
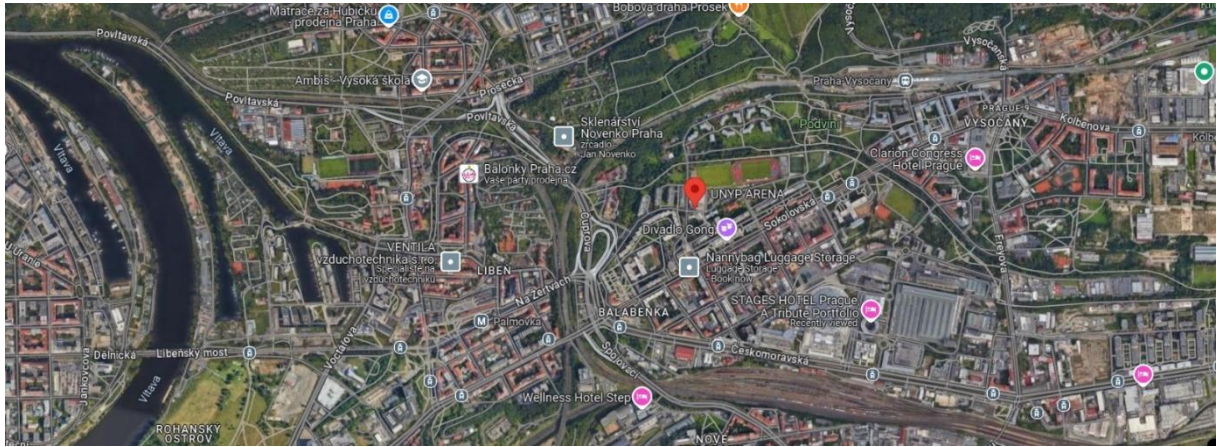


Prague is the capital of the Czech Republic, a country situated in Central Europe. The population of the country is 10,5 million. The Czech Republic has been a member of the European Union since 1st May 2004. The weather in Prague in May is often nice and sunny but may be quite changeable with showers so it is always a good idea to be prepared for rain. Temperatures typically range from 12°C to 22°C.

The currency used in Czechia is the Czech Koruna (CZK). The approximate exchange rate is 1 EUR = 25 CZK, though it may vary slightly. It is advisable to verify the most up-to-date exchange rate before exchanging your currency.

All hotels and shops accept bank cards, while some restaurants may ask you to only pay in cash. ATMs are very frequent in cities and towns, so it is easy to withdraw cash, but unlike most shops, banks are closed on weekends.

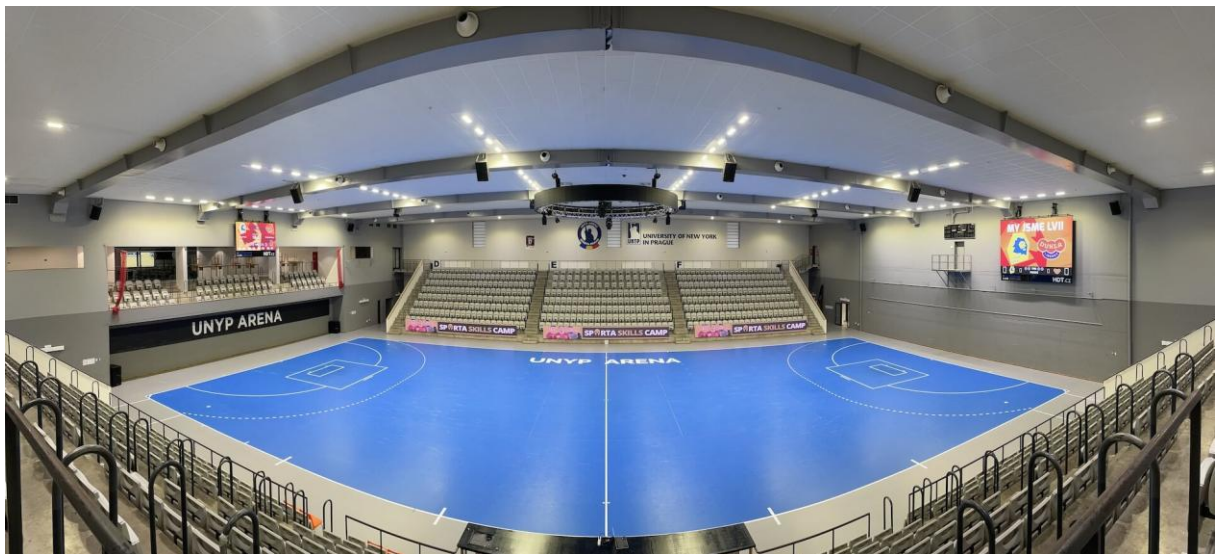
Sports Hall – UNYP Arena – Kovanecká 27, Prague 9



Outside view:



Inside view:



Transfers

Transfers to & from the venue

Shuttle service

PLEASE NOTE: THESE TRANSFERS ARE ONLY GUARANTEED AND ORGANIZED FOR THOSE STAYING AT ONE OF THE OFFICIAL HOTELS.

We offer a complete transportation package including transfer from/to Prague airport (Václav Havel Airport) on the arrival and departure days, and also transfer to/from the sports hall on Friday and Saturday. Cost € 40 per person.

Please register until 10 March 2025 by filling in this form:

<https://forms.gle/hGfgHXViv6AskEzL9>

Please transfer the total amount for your team/delegation until 10 March 2025 to:

ČESKÝ SVAZ KARATE JKA z.s.

Address: Nad Kapličkou 3378/17, 100 00, Praha 10

IBAN: CZ54 0600 0000 0002 1499 8670

SWIFT/BIC: AGBACZPP

Please indicate in your payment the name of your team/delegation.

Accommodation

HQ Hotel – Clarion Congress Hotel**** Prague



The Clarion Congress Hotel is the official hotel of the Prague 2025 JKA European Championships.

The Clarion Congress Hotel Prague is a 4-star hotel, which is great for sightseeing and business trips. Enjoy luxurious rooms and suites, delicious meals and refreshments in the two restaurants and why not relax with your friends and make new acquaintances in the lobby bar?

The centre of Prague can be easily reached by the B metro line in 10 minutes, and the hotel is just a 15-minute walk from the venue of the Championships. The hotel is connected to the Fénix shopping centre and features a wellness and fitness centre plus an extensive underground car parking. At the Clarion hotel, you will find everything you need under one roof during your stay.

Address: Freyova 945/33, Prague

Website: <https://www.clarioncongresshotelprague.com/en/>



NIGHTLY RATES, WITH BREAKFAST INCLUDED. THE PRICE DOES NOT INCLUDE CITY TAX OF 2.2 EUR / PERSON PER NIGHT.

Standard Single room – 140 EUR/room/night

Standard Double room – 150 EUR/room/night

Executive Single room – 170 EUR/room/night

Executive Double room – 180 EUR/room/night



Distance from the hotel to the sports hall: 1,5 km



Individual reservations: [link](#)

Group reservations via email: e.mrazova@clarion-hotels.cz

Reservation code ID: JKA EC 2025

The deadline for hotel reservations is 8.3.2025, after this date we do not guarantee the prices shown.



UNO Prague****



UNO Prague is a 4-star hotel conveniently located near the Strašnická Metro Station (metro line A), from where you can reach the UNYP arena in about 30 minutes by public transport. With excellent transport links, you can reach Prague's vibrant city centre in just 12 minutes, making it an ideal choice for both individual travellers and organized groups.

The hotel features quiet, thoughtfully designed rooms that ensure a relaxing stay. Private parking is available, providing added convenience for guests. What sets UNO Prague apart is the top-tier personal approach from the entire hotel team, ensuring a memorable and welcoming experience for every guest.

Address: Štěchovická 2296, Prague

Website: <https://www.unoprague.cz>



NIGHTLY RATES, WITH BREAKFAST INCLUDED. THE PRICE DOES NOT INCLUDE CITY TAX OF 2.2 EUR / PERSON PER NIGHT.

Standard Single room – 118 EUR/room/night

Standard Double room – 129 EUR/room/night

Standard Triple room – 168 EUR/room/night

Standard Quad room – 206 EUR/room/night

Distance from the hotel to the sports hall: 8 km

Reservation [link](#)

The deadline for hotel reservations is 8.3.2025, after this date we do not guarantee the prices shown.

Don Giovanni Hotel Prague****

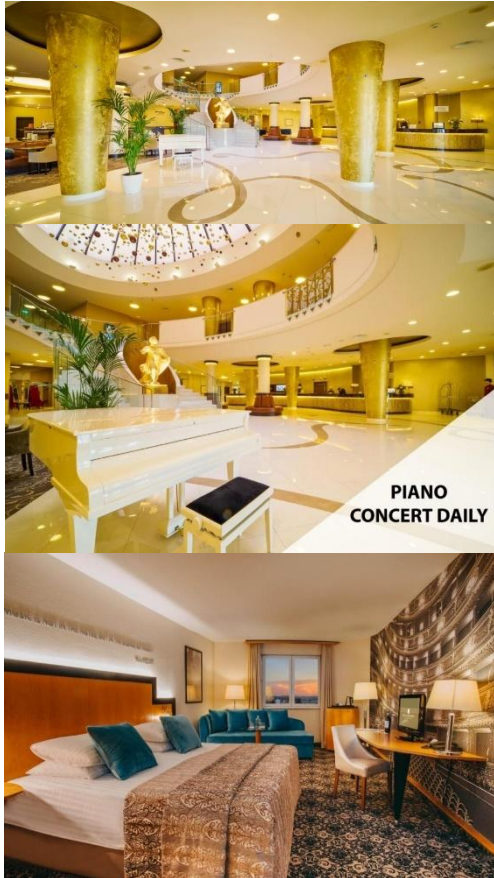


The Don Giovanni Hotel Prague sits in an excellent location close to the Prague city centre and is a worthy 4-star hotel. Renowned for its impressive architecture and exceptional rooms, from Economy and Executive to both Junior and bigger suites, guests will feel at home in this hotel. The included breakfast will impress you as will the modern cuisine offered by master chefs. Additionally, the hotel offers a large wellness area.

Travel time from the Don Giovanni to the UNYP Arena is about 20 minutes.

Address: Vinohradská 157, Prague

Website: <https://www.hotelgiovanni.cz>



NIGHTLY RATES, WITH BREAKFAST INCLUDED. THE PRICE DOES NOT INCLUDE CITY TAX OF 2.2 EUR / PERSON PER NIGHT.

Standard Single room – 162 EUR/room/night

Standard Double room – 174 EUR/room/night

Standard Triple room – 226 EUR/room/night

Standard Quad room – 278 EUR/room/night

Distance from the hotel to the sports hall: 6 km

Reservation [link](#)

The deadline for hotel reservations is 8.3.2025, after this date we do not guarantee the prices shown.

Olympik Hotel Congress****



The Olympik Hotel Congress is a hotel for budget conscious travellers. It offers all basic amenities you can ask for, and it is situated about 2 km from the UNYP arena, easily accessible by either tram or Metro.

The hotel has two restaurants, one of which offers buffet dinners.

Travel time from to the UNYP Arena is about 20 minutes, or 30 minutes by foot.

Adress: U Sluncové 14a, Prague

Website: <https://www.olympik.cz/cz/congress/>



NIGHTLY RATES, WITH BREAKFAST INCLUDED. THE PRICE INCLUDES CITY TAX.

Standard Single room – 80 EUR/room/night

Standard Double room – 104 EUR/room/night

Standard Triple room – 132 EUR/room/night

Distance from the hotel to the sports hall: 3 km

Reservation [link](#)

The deadline for hotel reservations is 31.3.2025, after this date we do not guarantee the prices shown.

Tournament information

General tournament information

Sportdata

The championships are organized on the Sportdata Portal. All information concerning the championships will be available on the Sportdata Portal:

https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=8980#a_eventhead

Online Registration – open until 18 April 2025

Pre-registration of referees through Sportdata only

- Draws
- Event Schedule

Further information will be available at: www.jkaeuropechampionship.eu

Disclaimer

The Organizers and JKA Europe shall not be held responsible nor liable for any compensation claims related to accidents, injuries or otherwise in connection with the championship event. All contestants are strongly urged to arrange their own insurance cover.

What to bring

For athletes: Please bring sports shoes to wear in the warm-up area!

Tournament rules

RULES FOR THE 2025 CHAMPIONSHIPS:

AGE CATEGORIES

• **JUNIORS**

- Kumite : 16 - 17 years old ONLY
- Kata : 16 - 17 years old ONLY

Juniors may choose to compete in KATA in the Senior category. However, they will no longer be eligible to compete in the Juniors Kata and Kata Team category.

Note: For kumite events, Juniors cannot upgrade to the Seniors category.

For REGISTRATION OF JUNIORS IN KATA SENIORS: Please send a registration email to jkaeuropechampionship@gmail.com

• **SENIORS**

- Kumite : 18, 19, 20 years old ONLY
- Kata : 18, 19, 20 years old ONLY

Seniors may choose to compete in KATA or KUMITE in the Adults category, however, they will then no longer be eligible to compete in any Seniors categories (this includes Team).

• **ADULTS**

- Kumite : 21 years and over
- Kata : 21 years and over

• **DEFINITION OF AGE**

The age of contestants for each division is considered as that of the day of the tournament, 10 May 2025.

- **Please note**

- **All competitors must have a JKA dan grade or minimum 1st kyu.**
- **A copy of the certificate of Dan or 1st Kyu grade will be asked for as verification & all licenses will be checked.**

CHAMPIONSHIP CATEGORIES FOR EACH AGE CATEGORY

Kumite individuals: Men, Women; max. 3 competitors in each category.

Kata individuals: Men, Women; max.3 competitors in each category.

Kumite Team: 3 Men (+ 1 Reserve), 3 Women (+ 1 Reserve).

Kata Team: 3 Men (+ 1 Reserve), 3 Women (+ 1 Reserve).

KATA

ELIMINATIONS

Until 16 - Flag System	:	SHITEI KATA	: Heian 2 -> Tekki 1
Until 8 - Flag System	:	SENTEI KATA	: Bassai Dai, Kanku Dai, Jion, Enpi
Until 4 - Point System	:	SENTEI KATA	: Bassai Dai, Kanku Dai, Jion, Enpi

FINALS

Point System

Juniors

Choice between: BASSAI DAI – KANKU DAI – JION – ENPI (other than elimination kata) – TEKKI 2 – TEKKI 3 – JITTE - GANKAKU

Seniors – Adults:

TOKUI KATA: JKA SHOTOKAN KATA

STANDARDIZATION OF KATA

Standardization of Kata for this championship will be according to the current JKA Karate-Do Kata books

Kata: VOLUME 1 – 2 – 3 – 4

KUMITE

Eliminations: **IPPON SHOBU by JKA Rules**

Finals: **IPPON SHOBU by JKA Rules**
 except ADULTS MEN = SANBON SHOBU by JKA RULES

Disqualification

Any contestant who is required to stop or withdraw from the match by the officially appointed tournament medical doctor will be disqualified and unable to continue.

Preparation of protection gear

- Each contestant should bring one's own protection gear: gloves, teeth protection (**translucent**), chest protectors (for ladies) are compulsory. Groin protections are recommended for men. Gloves should be JKA-approved types (**only white**).
- Any contestant wearing contact lenses should bring one's own spare lenses. In case of loss during a match, the contestant must attach a spare lens within 2 minutes.
- **One country = one delegation:**

For countries with more than one organization, leaders must agree on one delegation as per JKA regulations.

Other matters

- Officially appointed tournament doctors and staff will be present and administer first aid. The doctors hold the decision-making authority to decide whether an injured contestant can continue the event or should withdraw. Any contestant who is required to stop or withdraw from the match by the official appointed tournament medical doctor will be disqualified and unable to continue.
- Each contestant must carry personal health insurance, is responsible for his/her own healthcare and shall have no claims against the tournament medical team nor the tournament organizers.
- It is each representative country's responsibility to check their visa requirements for entry into the country. The organizing country cannot be held responsible for any refusal of entry to the country.
- Each contestant must have a valid JKA dan (or minimum 1st kyu for Juniors and Seniors) registration number.
- **The Championship will be run on SIX tatami.**

Referees

- The Technical Director for this year's Championship will be chosen by the JKA Technical Committee.
- Each country is allowed to send maximum 6 referees.
- Only referees with a JKA Europe or JKA World Federation C-license and above are accepted.

Dress Code for JKA European Championships Judges:

- Judges must wear the official uniform designated by the JKA Technical Committee. This uniform must be worn at all tournaments, courses and examinations.
- The official uniform is as follows:
 - a single-breasted navy-blue blazer, only with JKA referee badge,
 - a long-sleeved white shirt,
 - an official JKA judge tie,
 - plain light grey trousers,
 - unpatterned dark blue or black socks, and black shoes for use outside the match area,
 - no shoes or socks will be allowed when refereeing or judging a match.

Contestants

- The contestants shall wear a clean, white and unfigured karate-gi.
- **No taping** to cover publicity or advertising. Publicity or advertising on the uniform is not permitted.
- The jacket, when tightened around the waist with the belt, must be of an overall length that covers the hips.
- The sleeves of the jacket must at least reach halfway down the forearm and must not be rolled up externally. **The sleeves must not cover the wrists.**
- The trousers must be long enough to cover at least two-thirds of the shin. **They must not cover the ankle.**
- The belt must be of an overall length that leaves approx. 15 centimetres of length on both ends after it has been properly tied around the waist. It should also be around 5 centimetres in width.
- A national badge may be worn. The maximum size of the badge is 10 cm by 10 cm. The position of the badge on the karate-gi is on the left breast.
- Teeth protectors: translucent.

Other matters

- Each contestant must keep his/her hair clean and cut to a length that does not obstruct the smooth conduct of the match. Beads and fancy colouring, etc. is not permitted.
- Hachimaki (head bands) is not permitted.
- Should the Referee consider any contestant's hair too long and/or unclean, he may, with the Chief Judge's approval, disbar the contestant from the match.
- Hair slides are prohibited, as are metal and hard-plastic hair grips.
- Contestants must have short toenails and fingernails and must not wear metallic or similar objects.
- Soft contact lenses can be worn at the contestant's own risk.
- The wearing of unauthorized clothing or equipment is forbidden.
- In the case of women, a plain white tee-shirt may be worn beneath the karate jacket.
- Women may wear the authorized additional protective equipment approved by the JKA Technical Committee.
- Each competitor must wear an identification number on the chest or on the back.
- In all Kumite matches and in all Kata Flag System matches, one of the contestants shall, for identification purposes, fasten a red belt around the waist. The contestants do not have to take off their own belt.

Time Schedule

Training facilities – registration for individual training at the venue

The UNYP Arena hall can be used for individual preparatory trainings on Friday 9 May from 12:00 until 18:00. The usage is limited to a maximum of 90 minutes. If you wish to make use of the hall, please register until 18 April 2025 by filling in this form:

<https://forms.gle/YXmL9Q1JcE1KPkWx6>

Thursday 8 May

Time	What	Where	Additional information
6:00 pm	Technical Committee JKA Europe	HQ Hotel	Clarion Congress Hotel Prague

Friday 9 May

Time	What	Where	Additional information
8:00 am – 8:00 pm	Registration at registration desk	HQ Hotel	Clarion Congress Hotel Prague
10:00 am – 11:30 am	Referee Course	HQ Hotel	Clarion Congress Hotel Prague
12:00 pm – 6:00 pm	Team training	UNYP ARENA Prague	Only if booked in advance
2:00 pm – 3:30 pm	Referee Course	HQ Hotel	Clarion Congress Hotel Prague
4:00 pm - 5:00 pm	Briefing head coaches	HQ Hotel	Clarion Congress Hotel Prague
6:00 pm – 8:00 pm	Congress	HQ Hotel	Clarion Congress Hotel Prague

Referee Course

Time	What	Where	Additional information
9:30 am	Registration at the registration desk	HQ Hotel	Clarion Congress Hotel Prague
10:00 am – 11:30 am	Meeting room	HQ Hotel	Clarion Congress Hotel Prague
11:30 am – 2:00 pm	Lunch break	Free time	–
2:00 pm – 3:30 pm	Meeting room	HQ Hotel	Clarion Congress Hotel Prague

Saturday 10 May

European Championship JKA 2025

Time	What	Where
8:00 am	Opening of hall for delegations	UNYP ARENA Prague
8:15 am	Opening of hall for public	UNYP ARENA Prague
9:00 am	Eliminations – Team kata & Individual kata and kumite	UNYP ARENA Prague
will be specified later	Break	Break
will be specified later	Eliminations – Team kumite	UNYP ARENA Prague
will be specified later	Official Opening Ceremony	UNYP ARENA Prague
will be specified later	Finals – Kata and Kumite	UNYP ARENA Prague
will be specified later	Closing of championships	UNYP ARENA Prague
8:30 pm	Sayonara party	will be specified later

Sunday 11 May

Departure of delegations.

Online Registration

Please register your competitors, referees, coaches and officials on **the Sportdata website:**

https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=8980#a_eventhead

The registration for athletes, referees and officials will be open from 31 January 2025.

Please bear in mind that the **Deadline for registration is 18 April 2025!**

Sportdata will send all Draws on 2 May.

On 2 May, the team manager of each participating country will receive the draft with all draws via the Sportdata portal. The team managers should check the draft, confirm all entry registrations and reply back until 4 May.

Following this, the Sportdata portal will prepare final draws and set up the match schedules for the tournament. Everything will be published on the Sportdata portal and will also be sent to the team managers. Each country should then print the draws themselves.

Competition fees

- Individual Kata: €25 per person
- Individual Kumite: €25 per person
- Teams: €35 per team

The registration in Sportdata will be possible no later than 3 days after we receive your payment of the competition fee.

Attention: If we do not receive your payment = No registration in Sportdata!!



Payment information

The fees for participation must be paid no later than 18 April 2025, otherwise your registration will not be considered! Please transfer the money to the account indicated below.

NOTICE: For bank transfer payments, only use Sender Pays All.

Pay in EURO (only) to:

ČESKÝ SVAZ KARATE JKA z.s.

Address: Nad Kapličkou 3378/17, 100 00, Praha 10

IBAN: CZ54 0600 0000 0002 1499 8670

SWIFT/BIC: AGBACZPP

Participation in the Championships is contingent of JKA Europe membership fees having been paid.

Sayonara party

Date: Saturday, 10 May 2025

More information will be available soon!

Contact

Should you have any questions please contact: jkaeuropechampionship@gmail.com

Good to know

Visa information

No travel visa required for residents of the Schengen Area.

For further information regarding entry into Czechia and visa requirements please visit:

[https://mzv.gov.cz/jnp/en/information for aliens/short stay visa/list of states whose citizens are/index.html](https://mzv.gov.cz/jnp/en/information%20for%20aliens/short%20stay%20visa/list%20of%20states%20whose%20citizens%20are/index.html)

Public transport

Prague's extensive public transport network is rated as one of Europe's best and most reliable. Thanks to public transport, you can reach even the most remote corners of the metropolis quickly and easily. In some reviews, it is even listed as one of the best in the world.

From the hotels in this Bulletin, you have the convenient options of using both Trams and the Metro network to get around. There are many convenient bus routes too, and even river crossing ferries! You can travel on all using a single ticket (see below).

You can download the Prague public transport app from the Google Play or Apple store. Search for "PID Litacka", then get your ticket(s) online and enjoy!

NOTE: All means of transport have ticket inspectors. Be sure you always have a valid ticket.

Physical tickets

See this link for comprehensive information: <https://pid.cz/en/tickets-and-fare/>

The easiest way to travel around Prague as a visitor is with a 24-hour or 72-hour ticket. There are also tickets with shorter validity. Be sure to stamp your physical ticket in the onboard orange ticket unit when you first board a vehicle or enter a metro station. Tickets can be bought at metro stations and key tram stations.

30-minute ticket: Kc 30 (approx. €1.2)

90-minute ticket: Kc 40 (approx. €1.6)

24-hour ticket: Kc 120 (approx. €5)

72-hour ticket: Kc 330 (approx. €13)

Note: Prices at time of publication. They may change slightly.

Please note that the nearest metro station will be closed for renovation during the championships. Passengers traveling to Českomoravská can use surface transport services from Vysočanská to stops at Poliklinika Vysočany, Divadlo Gong, and the Českomoravská bus terminal. For further details, please visit the official website of the Prague Transport Company at dpp.cz/en.

Please note that Thursday, 8 May, is a public holiday. Most shops and banks will be closed.



**NÁRODNÍ
SPORTOVNÍ
AGENTURA**

PRA HA
PRA GUE
PRA GA
PRA G



**MĚSTSKÁ ČÁST
PRAHA 9**